


Lessons highlighted will also be available as a live stream from the teacher.

MONDAY 1st March 2021				
Time	Topic	Details (where / provided / materials you will need / web links)	Complete, hand-in, photograph or upload	Success (circle or highlight all that apply)
9:00 – 9.30	Physical – Music and Movement and calm down with Yoga	<p>Explain that it is time to move our bodies. Adults to model moving body – shaking arms, legs, hands and feet. Adults to model actions and encourage children to engage.</p> <p>J=Hand Up Justin Fletcher Jump Up, Bend Down Move it to the Sounds Body Bop STOP</p> <p>Cool down - Relaxation</p>	Upload photograph to Earwig	<p>Not attempted Refused Partially attempted Completed Loved it! Didn't enjoy it Too hard Too easy I (parent) didn't understand</p>
9.30 – 10.00	Communication/Attention Builder	<p><u>Hello</u> Hello Hello! Say Hello – waving is the Makaton sign for wave.</p> <p>What day is today? (worksheet – look at the symbol together) CBeebies: Monday Song - YouTube</p> <p>What colour is the symbol for day? (worksheet)</p>	Upload photograph to Earwig	<p>Not attempted Refused Partially attempted Completed Loved it! Didn't enjoy it Too hard Too easy I (parent) didn't understand</p>

		<p>Attention Builder – Flour Splat Flour castles - Using a tray, flour and transparent cup or bowl make some flour castles. Build them and as you lift off plastic cup say, 'Flour castle'. You can use shot glasses to make smaller castles to compare sizes. At end pick up a wooden spoon and shout 'splat' as you splat each castle down.</p>		
10.00 – 10.30	Sensory Song/Story	<p>The Tiny Seed sensory story – Sprinkle seeds in a tray in front of the pupils.</p> <ul style="list-style-type: none"> • Autumn – Balloon bump/card to waft • Sun – A torch • Sea – Shake water in a bottle (Add blue colouring if you have it at home) • Bird – Feather duster or shredded paper • Winter – Fake snow, Ice, or flour • Spring – Water spray • Summer – Fake flowers, Pot Pourri or perfume • Bees and butterfly – Make a buzzing sound • Autumn – Balloon bump/card to waft 	Upload photograph to Earwig	
11.00 – 11.30	Numeracy/SSM	Number language – Gather together lots of different coloured objects and let your child explore – you could put them in to sensory materials (flour, foam, water etc.)	Upload photograph to Earwig	Not attempted Refused Partially attempted Completed Loved it! Didn't enjoy it

		<ul style="list-style-type: none"> - Can they respond to 'give me 1 yellow duck/ green brick?' - Can they find 1 red bear, 2 yellow bricks etc? <p>Make towers with your child (5 of each colour) with blocks or Lego.</p> <ul style="list-style-type: none"> - Can the children find a named colour? - Can they stack 5 of each colour? <p>Extension: Car Park Activity sheet – Can your child park the car in the matching coloured car park space?</p>		<p>Too hard Too easy I (parent) didn't understand</p>
11:30-12:00	Fine Motor	<p><u>Finger Gym</u> See Playdough Recipe Worksheet –</p> <p>Finger Gym songs – Moving hands in a variety to the songs. <u>'I like to' playdough action song - YouTube</u> <u>Down in the Jungle - YouTube</u> <u>If you're happy and you know it - YouTube</u></p> <p>Poking in objects and pulling them out of the play dough to strengthen hand muscles and co-ordination.</p> <p>Using gross motor skills to squeeze the play dough through a garlic press and watch the play dough change shape. What other kitchen utensils does child like to use with the dough?</p>	Upload photograph to Earwig	<p>Not attempted Refused Partially attempted Completed Loved it! Didn't enjoy it Too hard Too easy I (parent) didn't understand</p>

1:00-2:00	Project	Outdoor walk Scavenger hunt x 2	Upload photograph to Earwig	Not attempted Refused Partially attempted Completed Loved it! Didn't enjoy it Too hard Too easy I (parent) didn't understand
2.00 – 3.00	Art and Craft	<p>A beanstalk mobile. Cut a paper plate into a spiral. Paint the paper plate with green paint to represent the stalk. Add texture by sticking green collage materials – leaves/ tissue paper/ card/ felt. Lift the plate from the centre and let it drop.</p> 	Upload photograph to Earwig	Not attempted Refused Partially attempted Completed Loved it! Didn't enjoy it Too hard Too easy I (parent) didn't understand